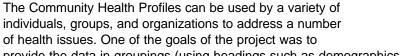
51600

Oro Valley Community Health Profile

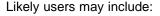
The Arizona Department of Health Services, Division of Public Health collaborated and developed Community Health Profiles for 87 incorporated towns and cities in Arizona.

The purpose of the Community Health Profiles is to aggregate various data from different agencies, especially those programs within the Arizona Department of Health Services to provide a user-friendly community health profile for communities in Arizona.

The Community Health Profiles is in the initial phase of a long-term project to improve the accessibility of health-related data to communities and is a product of an Arizona Department of Health Services workgroup. Input for the indicators on this project has also been sought from community organizations.



provide the data in groupings (using headings such as demographics, birth measures, prevention measures, etc.) to highlight data that would facilitate health program planning, implementation, and improvement in communities.



2003

- Community members and consumers of health care: individuals, families, and representatives of municipalities, neighborhoods and other geographical areas
- Elected state and local officials
- · Professionals in public health, clinical care, social services and others
- · Community advocates and organizers

The information contained in these community health profiles provide the basis for actions such as:

- 1. Determining the level of health that exists within the community
- 2. Discovering health strengths, problems or needs, and/or interventions to meet health needs that were not previously understood
- 3. Discover changes over time (trends) in population, health strengths and problems, and/or interventions
- 4. Make comparisons with other communities, the state or the nation
- 5. Examine relationships between health status and determinants of health (social environment, behavior, and health care resources)
- 6. Establish priorities among health problems and/or interventions
- 7. Evaluate interventions according to various dimensions such as relevance, adequacy, effectiveness, and impact
- 8. Initiate interventions directly or indirectly through others or in collaboration with others
- 9. Decide how to allocate resources among alternate interventions
- 10. Prepare and implement individual, institutional and community health improvement plans
- 11. Bring community members together around issues of interest; build coalitions and collaboration.

Because many of the indicators presented here are small numbers, the calculated rates are unstable. However, it is important for the community to have the information to make program decisions and/or investigate the issues presented here. Community Health Profiles are updated and published annually.

For more information about this effort please contact Miriam Vega at (602) 542-1219. To receive this document in alternative format contact Rodney Cluff at (602) 542-2998.

ARIZONA DEPARTMENT OF HEALTH SERVICES



DEMOGRAPHICS	Oro Valley	PIMA	ARIZONA	NATIONAL
POPULATION ¹	37,225	910,950	5,629,870	290,809,777
<1	353	12,399	85,332	4,003,606
1-4	1,518	47,900	336,273	15,765,673
5-14	4,750	127,214	844,975	40,968,636
15-24	3,076	135,153	797,731	41,205,162
25-34	3,076	122,719	815,250	39,872,598
35-44	5,678	136,268	844,363	44,370,596
45-54	5,516	119,437	687,398	40,804,596
55-64	4,810	80,502	486,305	27,899,736
65-74	5,319	68,397	400,302	18,337,042
75-84	2,683	46,929	257,370	12,868,667
85+	445	14,033	74,571	4,713,465
% <1	0.9 %	1.4 %	1.5 %	1,7 10, 100
% 1-4	4.1 %	5.3 %	6.0 %	5.4
% 5-14	12.8 %	14.0 %	15.0 %	14.1
% 15-24	8.3 %	14.8 %	14.2 %	14.2
% 25-34	8.3 %	13.5 %	14.5 %	13.7
% 35-44	15.3 %	15.0 %	15.0 %	15.3
% 45-54	14.8 %	13.1 %	12.2 %	14.0
% 55-64	12.9 %	8.8 %	8.6 %	9.6
% 65-74	14.3 %	7.5 %	7.1 %	6.3
% 75-84	7.2 %	5.2 %	4.6 %	4.4
% 85+	1.2 %	1.5 %	1.3 %	1.6
Race				
White	94.8 %	78.3 %	78.4 %	80.5
American Indian	0.7 %	3.9 %	5.5 %	1.0
Black	1.3 %	3.5 %	3.5 %	12.8
Asian/Pacific Islander	2.5 %	2.8 %	2.5 %	4.3
Other	0.7 %	11.5 %	10.1 %	1.4
Ethnicity				
Hispanic	9.1 %	30.9 %	28.0 %	13.9
Gender				
Female	51.5 %	51.1 %	50.1 %	50.8
Male	48.5 %	48.9 %	49.9 %	49.2
Population Density	1,169.6	99.2	49.5	82.2

¹ Number of residents estimated, as of July 1, 2003. Based on DES Report, "Population Estimates for Arizona's Counties, Incorporated Places and Balance of County," and the 2000 Census, Summary File 1 (SF1). Source: Population & Statistics Unit, Arizona Department of Economic Security (DES), and U.S. Census Bureau. National, Table NC-EST2003-r_08.txt - National Population Estimates, July 1, 2003, U.S. Census Bureau. Hispanics are an ethnic group. Racial groups add to 100%. Races alone data used. Population Density = Population Year 2003 / Square Miles. Square Miles, 2000 Census SF1.

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	Oro Valley	PIMA	ARIZONA	NATIONAL
DITIONAL DEMOGRAPHICS				
INCOME ²				
Population below 100% FPL	3.4 %	14.7 %	13.5 %	12.5 9
Population below 125% FPL	4.7 %	19.6 %	19.2 %	16.9 9
Population below 185% FPL	9.4 %	32.3 %	33.7 %	28.3 9
Population below 200% FPL	10.7 %	35.1 %	36.8 %	31.1 9
Median Household Income	\$61,100	\$40,000	\$40,800	\$43,600
Population >25 yrs without H.S. diploma	4.7 %	16.6 %	16.5 %	16.4 9
INSURANCE ³				
Medicare Recipients	4,076	115,794	627,728	40,172,605
% of Medicare Recipients	10.9 %	12.7 %	11.1 %	13.8
AHCCCS Enrollees	1,172	166,137	1,013,049	NC
% of AHCCCS Enrollees	3.1 %	18.2 %	18.0 %	NC
KidsCare Enrollees	93	10,245	60,482	NC
% of KidsCare Enrollees	1.1 %	4.0 %	3.6 %	NC
Adults without medical insurance	NA	14.0 %	16.7 %	17.0
Children without medical insurance	NA	NA	14.7 %	11.4
Children without dental insurance	NA	17.0 %	23.0 %	NA
Percent Unemployed	2.9 %	4.3 %	5.6 %	7.6
Food Stamp Recipients	NA	81,836	504,400	7,286,735
Children WIC Recipients	72	22,666	158,270	5,773,612
Women WIC Recipients	31	11,014	69,124	1,857,396
Children's Rehabilitative Services Participants	11	3,528	19,636	NA
AL HEALTH ⁴				
Untreated Tooth Decay (6-8 year olds)	NA	44.0 %	40.0 %	29.0
Tooth Decay Experience (6-8 year olds)	NA	64.0 %	62.0 %	52.0
Urgent Treatment Needs (6-8 year olds)	NA	7.0 %	9.0 %	NA
Sealants Present (8 year olds)	NA	26.0 %	28.0 %	23.0

² Local, percent of 2000 population below Federal Poverty Level (FPL). State, National, percent of 2003 population below Federal Poverty Level, Annual Demographic Survey, U.S. Census Bureau. Local, Median Household Income, U.S. Census Bureau Census 2000. State, National, Median Household Income, Census Bureau, 2003 American Community Survey, Table 3. Local, percent of 2000 population 25 years of age or older with less than a High School Diploma, 2000 Census. State, National, 2003 American Community Survey, Table 2, Census Bureau.

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³ Medicare Enrollees, aged, percent of 2003 population on Medicare, Centers for Medicare and Medicaid Services. AHCCCS enrollees, percent of 2003 population on AHCCCS. KidsCare Enrollees, percent of estimated 0-19 2003 population, Arizona Health Care Cost Containment System (AHCCCS), Sep 2003. Adults without medical insurance, Behavioral Risk Factors survey, percent of respondents in the affirmative, Arizona Department of Health Services, Office of Epidemiology and Statistics, 2003 (Adults without dental insurance is no longer on the survey), National Adults without medical insurance, Census Bureau, Health Insurance Coverage 2003. Children without medical insurance, percent of Children <18 uninsured 2003, Historical Health Insurance Table HI-5, Census Bureau. Percent of Work Force Unemployed, Local, Arizona Department of Economic Security, 2003; National, Census 2003 American Community Survey, Table 3. Food Stamp recipients, Local, Arizona Department of Economic Security (DES), June 2003; National, 2003 American Community Survey, Table 3. Women, Infants and Children (WIC), Arizona, participants certified once a year by Arizona WIC (does not include ITCA or Navajo Nations WIC programs, does not include CSFP), calendar year 2003, Arizona Department of Health Services, Office of Chronic Disease Prevention and Nutrition Services; National, U.S. Department of Agriculture, Food and Nutrition Service, FY 2003, Infants included with Children. Children Rehabilitative Services Participants, count of eligible members, Arizona Department of Health Services, Office for Children with Special Health Care Needs, 2003.

⁴ Office of Oral Health, ADHS, Arizona School Dental Survey, "Every Tooth Counts," 1999-2003, Children in public schools in grades Kindergarten through Third Grade. "Urgent" means children with pain and/or infection requiring treatment within a 24-hour period. Sealants Present on at least one permanent molar. County data based on a probability sample by community and therefore may not be representative of the county as a whole. Data cleaned and re-run for 2001 profile. No update data for 2003 profile. National data, National Center for Health Statistics. National Health and Nutrition Examination Survey III 1988-1994. Hyattsville, MD: Centers for Disease Control and Prevention (CDC), unpublished data.

	Oro Valley	PIMA	ARIZONA	NATIONAL
COMMUNITY RESOURCES	•			
PERSONNEL ⁵				
Primary Care Physicians	25	1,127	5,723	248,352
Dentists	13	443	2,711	NA
Mental Health Providers	2	147	582	NA
Nurse Practitioners	71	1,970	9,477	NA
Physician Assistants	2	100	1,032	NA
Certified Nurse Midwives	1	49	154	NA
DESIGNATIONS 6				
Is community in a PC HPSA?	No			
Is community in a Dental HPSA?	No			
Is community in a Mental HPSA?	Not Designated			
Is community in a fed MUA or MUP?	No			
Is community in an AzMUA?	No			
Is community designated as Rural?	No			
FACILITIES 7				
Sliding Fee Scale clinics in the area	0	17	143	NC
School Based clinics in the area	0	20	129	NC
NonFederal Hospitals	0	14	86	NA
Hospital bed capacity	0	2,785	12,689	NA

NC - Not Comparable

NA - Not Available

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⁵ Primary Care Physicians, active Medical Doctors in Family Practice, General Practice, Gynecology, Internal Medicine, Obstetrics & Gynecology, Pediatrics, and all active Osteopathic Physicians. Medical Doctors and Physician Assistants, Arizona Medical Board. Medical Doctors and Physician Assistants, Feb 2004. Osteopathic Physicians, Arizona Board of Osteopathic Examiners, Sep 2003. Dentists, Arizona Board of Dental Examiners, Sep 2003. Nurse Practitioners, Arizona State Board of Nursing, Sep 2003. National, Medicare Primary Care Physicians, Centers for Medicare and Medicaid Services, Feb 2004.

⁶ Currently designated Primary Care (PC) Health Professional Shortage Area (HPSA), Dental or Mental HPSA designation, Federal Medically Underserved Area or Population (fed MUA or MUP), AzMUA, Arizona Medically Underserved Area, Arizona Department of Health Services, Office of Health Systems Development.

⁷ Current Sliding Fee Scale primary care clinics, (Per AAC Title 9, chapter 2, section R9-2-101: A "sliding fee schedule" means a document that sets forth the relationship between an individual's income and family size and states the percentage of the charges for health care services provided pursuant to A.R.S. 36-2907.06 for which the individual will be responsible). School Based/School Linked Health Clinics, Office of Health Systems Development, ADHS. NonFederal Hospitals and Beds, Arizona Department of Health Services, Assurance & Licensure Services, Sep 2003.

	Oro Valley	PIMA	ARIZONA	NATIONAL
BIRTH MEASURES 8				
Total Births	77	12,799	90,783	4,091,063
Birth rate per 1,000 population	2.1	14.1	16.1	14.5
Fertility rate per 1,000 females aged 15-44 yrs	12.5	65.1	76.3	66.1
Births to females aged 10-19 yrs	1	1,732	11,700	412,626
Birth rate per 1,000 females aged 10-19 yrs	0.5	27.0	29.5	20.3
Births to females aged 15-19 yrs	1	1,698	11,489	414,961
Birth rate per 1,000 females aged 15-19 yrs	1.1	51.1	59.3	41.7
Births to females aged 15-17 yrs	0	581	4,110	134,617
Birth rate per 1,000 females aged 15-17 yrs	0.0	32.4	35.9	22.4
Low-birthweight (LBW) babies (<2,500 grams)	5	970	6,427	NA
LBW babies per 100 births	6.5	7.6	7.1	NA
Preterm babies (<37 weeks of gestation)	7	1,301	9,538	NA
Preterm babies per 100 births	9.1	10.2	10.5	NA
No prenatal care during pregnancy	0	518	2,621	NA
No prenatal care per 100 births	0.0	4.0	2.9	NA
No prenatal care in the 1st trimester	14	3,796	22,151	NA
No prenatal care in 1st trimester per 100 births	18.2	29.7	24.4	NA
Five or more prenatal visits	70	11,399	81,859	NA
Five or more prenatal visits per 100 births	90.9	89.1	90.2	NA
Payee for births: AHCCCS or IHS	11	6,946	47,420	NA
Births paid for by AHCCCS or IHS per 100 births	14.3	54.3	52.2	NA
Payee for births: private insurance	66	5,511	39,736	NA
Births paid by private insurance per 100 births	85.7	43.1	43.8	NA
Payee for births: self	0	199	1,916	NA
Self-paid births per 100 births	0.0	1.6	2.1	NA
Births to unwed mothers	8	5,490	37,394	1,415,804
Births to unwed mothers per 100 births	10.4	42.9	41.2	34.6
Tobacco use during pregnancy	1	616	5,222	NA
Tobacco use during pregnancy per 100 births	1.3	4.8	5.8	NA
NC - Not Compara	ble	NA - Not Available		

⁸ Characteristics of Arizona mothers and newborns for 2003 are based on information collected on birth certificates filed with the Arizona Department of Health Services, Office of Vital Records. The data for National are from Births: Preliminary Data for 2003. National Vital Statistics Reports. Volume 53, Number 9. November 23, 2004. It is available online at http://www.nsr53_nvsr53_09.pdf, National Center for Health Statistics. Additional information on Arizona mothers and newborns is available online at http://www.hs.state.az.us/plan/.

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	Oro Valley	PIMA	ARIZONA	NATIONAL
DEATH MEASURES 9				
Total deaths, all ages	214	7,719	42,830	2,443,908
Deaths per 100,000 population	574.9	847.4	760.8	840.4
Deaths per 100,000 age-adjusted population	NA	800.7	784.0	831.2
CAUSE-SPECIFIC MORTALITY				
Accidents (Unintentional injury) deaths	7	428	2,466	105,695
Death rate for accidents	NA	46.4	44.8	36.1
Deaths from motor vehicle-related injuries	1	129	1,005	44,059
Death rate for motor vehicle-related injuries	NA	14.0	18.0	15.0
Alcohol-induced deaths	1	79	543	19,699
Death rate for alcohol-induced deaths	NA	8.7	10.1	6.6
Intentional self-harm (suicide)	2	132	807	30,642
Suicide rate	NA	14.2	14.6	5.8
Assault (homicide)	0	77	480	17,096
Homicide rate	NA	8.3	8.3	5.8
Drug-induced deaths	1	167	646	25,162
Mortality rate for drug-induced deaths	NA	18.7	12.0	8.7
Deaths from injury by firearms	1	135	834	29,730
Death rate for injury by firearms	NA	14.4	14.8	10.1
Deaths from cardiovascular diseases	64	2,519	13,946	901,753
Death rate for cardiovascular diseases	NA	260.2	258.4	305.8
Deaths from cancer	68	1,717	9,451	554,643
Death rate for cancer	NA	175.3	169.4	189.3
Deaths from diabetes	2	186	1,124	73,965
Death rate for diabetes	NA	19.0	20.3	25.2
AGE-SPECIFIC MORTALITY				
Number of infant deaths (<1 yr of age)	0	84	586	28,428
Number of infant deaths per 1,000 births	NA	6.6	6.5	694.7
Number of deaths by age group:				
1-4	1	12	135	4,905
5-14	0	22	151	6,903
15-24	2	129	758	33,050
NC - Not Compa	arable	NA - Not Available		

⁹ These 2003 mortality rates are per 100,000 population age-adjusted to the 2000 U.S. standard. Age-adjusted mortality rates are better indicators than crude (unadjusted) death rates when comparing mortality across geographic areas or between subgroups of population that have different age compositions. Technical information on computing age-adjusted mortality rates is available online at http://www.azdhs.gov/plan/report/ahs/ahs2002/source02.pdf. Age-specific and cause-specific mortality profiles are based on information collected on death certificates filed with the Arizona Department of Health Services, Office of Vital Records. The data for National are from "Deaths: Preliminary Data for 2003," National Vital Statistics Reports, Volume 53, Number 15, February 28, 2005, Hyattsville, Maryland, National Center for Health Statistics. Additional information on deaths to Arizona residents is available online at http://www.azdhs.gov/plan/.

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	Oro Valley	PIMA	ARIZONA	NATIONAL
DEATH MEASURES Continued				
25-34	1	132	881	40,731
35-44	1	293	1,775	88,433
45-54	16	554	3,174	175,591
55-64	17	736	4,501	261,505
65-74	51	1,345	7,396	413,227
75-84	76	2,343	12,465	702,641
85+	49	2,069	10,954	687,959
Mortality rates by age groups per 100,000 persons:				
1-4	65.9	25.1	40.1	31.1
5-14	0.0	17.3	17.9	16.8
15-24	65.0	95.4	95.0	80.2
25-34	32.5	107.6	108.1	102.2
35-44	17.6	215.0	210.2	199.3
45-54	290.1	463.8	461.7	430.3
55-64	353.4	914.3	925.6	937.3
65-74	958.8	1,966.5	1,847.6	2,253.5
75-84	2,832.2	4,992.7	4,843.2	5,460.1
85+	11,012.6	14,744.0	14,689.4	14,595.6
NFECTIOUS DISEASES (cases of) 10				
Vaccine Preventable Diseases	0	37	224	8,767
Hepatitis A/Shigellosis	0	151	845	28,895
Sexually Transmitted Diseases	9	3,168	18,351	1,160,230
HIV/AIDS	0	132	867	41,832
Food Borne Diseases	0	347	1,682	48,109
Tuberculosis	<3	24	295	11,619
CANCER (new cases of) 11				
Breast Cancer	<5	590	3,204	180,038
Cervical Cancer	0	29	168	11,447
Colorectal Cancer	<5	398	2,378	138,335
Lung Cancer	5	538	2,984	175,908
Prostate Cancer	5	426	2,538	183,643
IMMUNIZATION 12			•	,
Immunized 2 yr olds	33.4 %	59.4 %	79.8 %	80.3
NC - Not Comparate		NA - Not Available		

¹⁰ Arizona Notifiable Diseases - Vaccine preventable diseases include the number of reported cases of measles, mumps, diphtheria, tetanus, rubella, congenital rubella, pertussis, polio and Haemophilus influenzae type b. Sexually Transmitted Diseases include cases of chlamydia, gonorrhea and syphilis. For HIV/AIDS, if the number of reported cases is between 0 and 3, then the count will show as <3. Food borne diseases include campylobacteriosis, cryptosporidiosis, E. coli O157:H7, listeriosis, paratyphoid, typhoid fever, salmonellosis, vibriosis and yersiniosis. For Tuberculosis, if the number of reported cases is between 0 and 3, then the count will show as <3 (TB numbers updated 10/20/05). All cases must meet the CSTE/CDC Case Definitions for Public Health Surveillance. Arizona Department of Health Services (ADHS), Bureau of Epidemiology and Disease Control, Cases reported in the calendar year 2003. Nationally Notifiable Diseases - Vaccine Preventable Diseases include the number of reported cases of measles, mumps, diphtheria, tetanus, rubella, congenital rubella, pertussis, polio and Haemophilus influenzae type b. AIDS cases only. Food Borne Diseases include salmonellosis, typhoid fever, listeriosis, cryptosporidiosis and E. coli, Centers for Disease Control and Prevention (CDC) MMWR Summary Report for 2003.

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¹¹ Cancer cases: ADHS, Arizona Cancer Registry, 2002, incomplete. National, CDC National Program of Cancer Registries App. D1, 2001.

¹² Immunization, percent of 2003 estimated 2 year old children immunized 4 DTP/DTap, 3 Polio, 1 MMR, 3 HIB (4-3-1-3), ADHS, Arizona State Immunization System; State and National, children 19-35 months of age immunized 4+DTP, 3+Polio, 1MCV, 3+Hib, National Immunization Survey 2003, Centers for Disease Control and Prevention.

	Oro Valley	PIMA	ARIZONA	NATIONAL
BEHAVIORAL RISK FACTORS 13				
Alcohol Abuse (Binge Drinking)	NA	15.3 %	16.6 %	16.5 %
Alcohol Abuse (Chronic Drinking)	NA	7.6 %	5.4 %	5.7 %
Drinking and Driving	NA	NA	NA	NA
Ever tested for HIV	NA	55.7 %	55.5 %	NA
Ever told have Diabetes	NA	4.2 %	6.3 %	7.2 %
Ever told have High Blood Pressure	NA	23.9 %	22.7 %	24.8 %
Less than 5 Fruits and Vegetables per Day	NA	75.6 %	77.1 %	NA
No Mammogram within the past 2 years	NA	NA	NA	NA
No Pap Test within the past 3 years	NA	NA	NA	NA
No Leisure Time Physical Activity	NA	15.0 %	21.2 %	NA
No Cholesterol Check within 5 years	NA	3.8 %	5.4 %	4.0 %
Obesity	NA	18.3 %	20.1 %	22.8 %
Tobacco Use (Adults)	NA	18.5 %	20.8 %	22.0 %
HOSPITALIZATIONS 14				
Asthma	7	6,223	31,938	574,000
Asthma rate	18.8	683.1	567.3	197.4
Diabetes	3	3,526	19,677	597,000
Diabetes rate	8.1	387.1	349.5	205.3
Heart Attack	11	2,569	16,654	1,088,000
Heart Attack rate	29.6	282.0	295.8	374.1
Stroke	5	4,637	27,301	966,000
Stroke rate	13.4	509.0	484.9	332.2
NonFatal Injuries Ages 1-14	47.9	193.0	234.4	NA
NonFatal Injuries Ages 15-19	49.8	348.4	528.1	NA
Ambulatory Care Sensitive Conditions 1-14	335.0	522.5	966.5	NA
Ambulatory Care Sensitive Conditions 15-19	498.3	460.5	710.3	NA
Traumatic Brain Injury	2	775	5,697	NA
SUMMARY MEASURES OF HEALTH 15				
Average age at death	74.5	72.3	72.2	NA
Premature Mortality	41.6 %	48.2 %	50.2 %	NA
Self-rated health status as Fair or Poor	NA	11.5 %	15.5 %	14.8 %
NC - Not Compara	able I	NA - Not Available		

¹³ Behavioral Risk Factors, percent of respondents in the affirmative. Data is available by National, state, regional levels, and Maricopa and Pima counties, Arizona Department of Health Services, Office of Epidemiology and Statistics, 2003 (Items no longer on the survey: Adults without Medical Insurance, Adults without dental insurance, Believe medium/high chance of getting HIV, Drinking and Driving, Never had a mammogram or beast exam, No blood pressure check within 2 years, Would you encourage teen condom use, Avg # of unhealthy days in past month).

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¹⁴ Primary diagnosis of Asthma (ICD9 >=493,<494), Diabetes (ICD9 >=250,<251), Heart Attack (ICD9 >=410,<411), Stroke (ICD9 >=430,<439) hospitalizations, rates per 100,000 residents, Arizona Department of Health Services, Bureau of Public Health Statistics, Hospital Discharge Registry, 2003; National, 2003 National Hospital Discharge Survey, NCHS. NonFatal Injuries, Ambulatory Care Sensitive Conditions hospitalizations per 100,000 in age group, Arizona Department of Health Services, Hospital Discharge Registry, 2003. Traumatic Brain Injury, number of incident cases identified from Arizona Department of Health Services Hospital Discharge data for 2001, unduplicated and excluding emergency department and federal hospital discharges.

¹⁵ Average Age at Death, 2003; Premature Mortality, percent of deaths occurring before the U.S. birth life expectancy for 2003 (77.6 years for all U.S. residents in 2003), Arizona Department of Health Services, Office of Vital Records. Self-rated health status and Average number of unhealthy days in the past month, from the Behavioral Risk Factors Survey on a scale of Excellent, Very Good, Good, Fair, or Poor, year 2003, Arizona Department of Health Services, Office of Epidemiology and Statistics. (Average number of unhealthy days in the past month is no longer on the survey.)